

PRESENTED BY:



7 KEYS TO HEALING FROM A LOSS

Grief is deeply personal and individual. Every relationship and loss are unique. We can feel unhinged, adrift, or like we're in a free fall. These 7 steps will help you or a loved one in the grieving process.



Conference by Gary Roe

Gary Roe is the multiple award-winning author more than a dozen books including *Comfort for the Grieving Spouse's Heart*, *Comfort for the Grieving Parent's Heart*, *Teen Grief*, and *Shattered: Surviving the Loss of a Child*. He has been featured on Dr. Laura, The Daily Positive, Wellness, Beliefnet, Thrive Global, and other national media. A trusted and compassionate voice in grief recovery, Gary currently serves as a hospice chaplain and grief counselor for Hospice Brazos Valley in central Texas. Known for his engaging style and sense of humor, he is also a popular speaker at a wide variety of venues.

Please scan the QR code below to register for the session you'd like to attend



SESSION 1
Tuesday, February 23rd
10am-11am CST



SESSION 2
Thursday, February 25th
6pm-7pm CST

**YOU CAN ALSO RSVP VIA EMAIL
TO RACHAEL WENNER**
PLEASE INDICATE WHICH SESSION
YOU'D LIKE TO ATTEND.

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OPEN TO THE PUBLIC

Get in touch with Moments Hospice for more information on how we can help with your bereavement needs.

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